

Michael & Susan Dell Center for Healthy Living

UTHealth Houston School of Public Health in Austin

The Michael & Susan Dell Center for Healthy Living was founded in 2006 with a vision of **healthy children in a healthy world** and a mission to **advance health and healthy living** for children and families through cutting-edge research, innovative community programs, and dissemination of data-driven practices.

We seek new discoveries in child health through research-focused programs related to obesity prevention, nutrition, physical activity, family & child health, tobacco use, and health policy. Our annual key events and expert-led webinars offer educational trainings and collaboration opportunities to students, partners, and the community.

Our intentions are threefold: *create* new research ideas and trainings for public health students; *communicate* evidence-based products and outcomes to researchers and legislators; and *connect* with communities, legislators, and other public health organizations.



OUR EXPERTISE



School-Based Health Programs

Developing effective school-based health programs to ensure children and families lead healthy lives



Nutrition, Food Access, Obesity

Helping children, families, and communities access, prepare, and eat healthy foods



Family & Child Health

Identifying population health initiatives to improve health for families and young children



Physical Activity

Examining the health benefits of movement and how to support a lifetime of fitness



Health Policy

Sharing data-driven information with legislators to develop policies that support healthy living



Tobacco & E-Cigarettes

Preventing unhealthy and addictive behaviors through education, policy change, and research



Heat Safety


Studying impacts of heat waves and high temperatures on health and diverse populations



Road Safety

Promoting safety in traffic and for pedestrians, particularly in relation to active commuting



 = 2 million people

School-based health promotion research projects and interventions and population health projects at the Michael & Susan Dell Center for Healthy Living reached an estimated

16,291,272

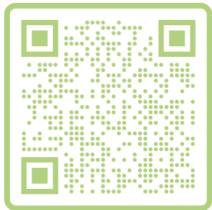
children and families (2022-2023 school year).



CENTER INITIATIVES

- Michael & Susan Dell Center Lectureship in Child Health
- Dietetic Internship Program
- Nourish Program
- Live Smart Texas
- Dell Health Undergraduate Scholars
- Texas Research-to-Policy Collaboration
- Texas Legislature Bill Tracker
- Texas Child Health Toolkits
- Texas Child Health Status Reports
- Texas Collaborative for Healthy Mothers and Babies
- Philip R. Nader Legacy of Health Lectureship

CONNECT



msdcenter.org



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CONTACT



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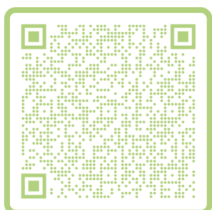


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Austin, Texas

DONATE



Your donation will support a healthy future fueled by healthy choices.

EXECUTIVE COMMITTEE



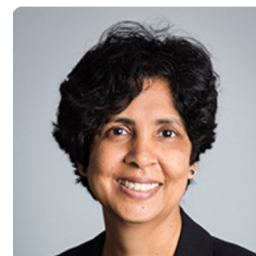
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